

HOME LEARNING

PARENT PARTNERS IN HOME LEARNING

We have welcomed back much of year 10 into the Academy for face to face support. Each week, students will receive 40 minutes of mathematics, English, science and humanities subject provision during their allocated day. These sessions aim to:

- Check understanding of home learning
- Provide guidance and teaching so students are empowered to complete work at home
- Provide feedback on previous weeks' work and address gaps in learning

Parents will therefore have access to Class Charts to be able to monitor what is being set and to encourage your child to maintain a commitment to learning. The face to face sessions aim to support with home learning and should not be seen as a replacement.

You will have received the Class-Charts parent log-in details via text. It's really simple to use and there is more detail on the next page of this booklet.

It's really important for you to know that there is no expectation for you to teach your children – nor can we all be experts in everything. Instead, we'd encourage you to support them in developing routines, resilience and discipline to persist in their school work. There are lots of ways that they can engage back with their teachers to ask questions or submit work. If you do have questions or queries, then you can use the message system on Class-Charts or email school and we'll get back to you.

Thank you! Together we need to make sure this generation doesn't get left behind due to Covid19.



TIPS FOR PARENTS:

- Where at all possible set up a quiet corner which is for school learning. However, we do know that homes aren't classrooms.
- Try to establish a consistent routine and rhythm to school work time and have a treat or activity available for afterwards.
- Encourage students to have distractions, particularly social media, muted for the focused period of time learning. (See 'Pomodoro technique' later in booklet – it really works for time management!)
- When students tell us they can't do it, we will often use a
 couple of responses: "You can't do it yet!" or "Ok what
 is the first step to working out how to do it?". It's important
 to emphasise the positive and what they have achieved.
- Where you are able and if you can catch them feeling communicative, get them to tell you about the learning.
- The effective study methods page gives some ideas of techniques which will make a difference to learning.

PARENT GUIDE TO CLASS CHARTS

Download the Class Charts Parent app from either the Google play store (for android users) or the App store (for Apple users). You can download it to tablets and phones.





- Once you have downloaded the app it is easy to Log in. You will need your email address, the code which the school will provide and your child's date of birth.
 - a) Enter your email address
 - b) Choose "I don't have an account yet"
 - c) Enter your parent access code and name
 - d) Enter the students date of birth in the format DD/MM/YYYY
 - e) Choose a password
 - f) Click login

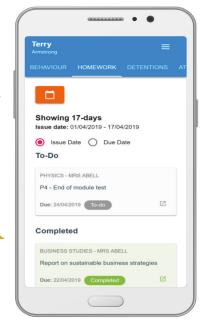
The code can be used multiple times so if more than one parent/carer wants to use the app then just register the email address and follow the instructions.

If you have multiple children in our Academy you can add additional children to your account. All you need to do is click the person's head outline. Click 'add pupil'.

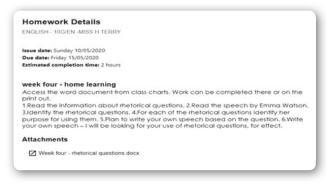
You will need the code for the child you want to add and their birthdate in the format DD/MM/YYYY.

You can then switch between children so you don't have to log in and out.

- You can then see what your child is being given for home learning.
- You can change the dates and check different weeks.
- You can also see what is to be handed in and when.



EXAMPLE:



You can also message teachers if you are unsure about any of the work set.



Click on the message tab (located at the top of the screen) and find the teacher you need to talk to. You can then send them a message.

TIME MANAGEMENT FOR STUDY

The Pomodoro Technique is a time management method created by Francesco Cirillo in the 1980s. The technique uses a timer to break down work into intervals, usually 25 minutes long, separated by short breaks. Each interval is known as a pomodoro, from the Italian word for 'tomato', after the tomato-shaped kitchen timer Cirillo used as a university student.

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Put your phone and other devices on silent mode. Choose which task to complete.

2

Set your timer to 25 minutes. If using your phone, place it out of sight but close enough to hear.

3

Work on your task without stopping. If interrupted, record and note down what it is so you can deal with it later. Or, abandon the task and reschedule it for another time.

If you finish with time left: review and edit your work; plan for your next task; quiz yourself; or create and use flashcards.

4

When the timer rings, tick the task off on your list. If you have fewer than four ticks, take a 5 minute break. After four tasks, take a 15 minute break, or finish.

5

Repeat when ready. You can interleave topics within a subject, or you can do four tasks from four different subjects.

EFFECTIVE STUDY METHODS

We'd encourage parents to help their child by knowing which activities are effective for learning. We'd never expect you to have the expertise in all areas to teach material but you can support by encouraging your child to use some of the methods below and you can perhaps help them to get the good study habits in place.



RETRIEVAL PRACTICE is a learning strategy where you focus on recalling information stored in your memory. By retrieving that information, your memory of it is strengthened and you are less likely to forget it.

Use your work booklet, knowledge organiser or textbook to list the important information you need to know.

Put away your notes and test yourself. You can create a quiz, a set of flash cards, or a mind map – just don't look at your notes.

Now check your answers to see what you could remember and what you couldn't. This will tell you what to focus your next study session on.

SPACED PRACTICE is seen as one of the most effective learning strategies. Rather than spending five hours on a topic in one day, five hours over two weeks would be more effective.

When planning to study, divide up a topic into simpler chunks to be learned over a longer period of time.

INTERLEAVED PRACTICE is a process where you mix and combine topics while you study, whereas Blocked Practice involves studying one topic in extreme detail before moving on.

When you interleave, you return to a topic many times with other topics learned in-between; this has been shown to improve your long-term memory of each topic.

DUAL CODING is the process of learning through verbal materials and visual materials at the same time. This can involve diagrams, timelines, graphs, flow-charts and much more.

You don't need to be an artist, but your visuals do need to support your learning, otherwise they are useless. Go to www.olicav.com to see examples of dual coding.