



LINCOLN
A PRIORY ACADEMY

27th April 2020

Dear Student,

No doubt you have been inspired by the amazing achievements of Captain Tom Moore and Margaret Payne. It's safe to say that at The Priory Lincoln Academy, we have been very much inspired. As a result, we want to do something amazing. As an Academy we would like to show our gratitude and support for all the hard work that the people in the NHS are doing to help save the lives of so many people. At a time when we cannot all be together at the Academy, we feel it is important to remain unified and continue showing the pride we have for being part of such an incredible community. At The Priory Lincoln Academy, we have achieved so many incredible fundraising totals in the past. Now, at a time when our country, community and many of our loved ones will need the care and support of the NHS, we feel it is time to show everyone just how thankful we are for their efforts and be proud of what we, as an Academy, can achieve together.

Here's the plan:

On Monday 4th May we will launch our 'Marathon 4 NHS'. Many members of our staff have committed to running or walking the distance of a marathon in just one week. But we do not want only our staff to be involved, we want everyone to be involved. Students, parents, carers, brothers, sisters, dogs.... Everyone. A marathon in 7 days is a massive challenge so we have several ways in which you can be involved.

1. For the brave: Run or walk as far as you can during the week and add your total distance to the group collection. This way, if you cannot achieve 26.2 miles, you can still contribute to the challenge and fundraising.
2. For the very brave: Run or walk or climb the steps for a marathon. The averages are: 55,374 steps for males and 62,926 steps for females. You can do this in your garden, up and down your stairs or around the block during your 1 hour of exercise each day.
3. For the very, very brave: Walk the distance of a marathon, 26.2 miles.
4. For the very, very, very brave: Run the distance of a marathon, 26.2 miles.

Obviously you will need to ensure you stick to social distancing rules and remain at home or exercise alone or with members of your household.

We have opened a just giving page <https://www.justgiving.com/fundraising/lincolnacademymarathon4nhs> which everyone can donate to and share the link via social media to raise as much money as possible. As we want to do this to say thank you to the NHS, we have chosen NHS Charities Together as the beneficiary of our donations. If you would like more information about the work that this charity does, please visit their website; <https://www.nhscharitiestogether.co.uk/> We hope that many of you will get on board with this fundraising adventure.

If you do want to be involved you will need to sign up on SharePoint. Access the SharePoint page then click PE. Once in the PE folder you will see on the left hand menu a tab for 'Lincoln Marathon 4 NHS'. Here you will find an

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entry form to submit, which will ask you who is taking part and how you are linked to the Academy. There is a final column that you will need to update daily which is your distance covered to date. The deadline for entries is Saturday 2nd May at midnight. This will give us enough time to update the Just Giving page with participants.

During the marathon week, you will need to update the SharePoint page with your distances for each day. You can also send us an email or a photo, tag us on social media @PrioryLincolnPe or @PrioryLincolnPE on twitter, @Priory_LincolnPE on Instagram and The Priory Lincoln Academy on Facebook. We are excited to see just how much we can raise for the NHS and how much love we can show for the NHS and all the services they provide. We really hope that many of you will get involved. At this really difficult time, let's do something amazing, together.

Yours faithfully,

The Priory Lincoln Academy.

